Good Fit Counselor Checklist



ı	prefer m	/ counse	lor/the	erapist to	be:
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- o Cisgender Female
- o Cisgender Male
- o Non-binary / Queer / Agender
- o Transgender / Two-Spirit
- o Doesn't matter

I prefer my counselor/therapist to be:

- o Black / African American / Caribbean
- o Latino/a / Hispanic / Mediterranean
- o Asian American / Pacific Islander
- o Caucasian
- o Multiethnic
- o Doesn't matter

I prefer my counselor/therapist to be:

o Straight

Nlatas.

- o Lesbian / Gay
- o Bisexual / Pansexual / Queer
- o Doesn't matter

I prefer my counselor/therapist to be:

- o Catholic
- o Jewish
- o Muslim
- o Protestant / Other non-Catholic Christian
- o Pagan / Other non-Judeo-Christian
- o Agnostic / Atheist
- o Doesn't matter

I prefer my counselor/therapist to be:

- o Under 35
- o 35 45
- o 45-55
- o Over 55
- o Doesn't matter

Notes:		